

### ALIFESTYLE PARADISE SURROUNDED BY NATURE

"Alpine Energy, at the highest level": wo simple concepts that encapsulate the essence of Livigno, one of the most internationally appreciated mountain resorts, located at an altitude of 1816 metres in the heart of the Alta Valtellina, and surrounded by majestic mountains that gently embrace its valley.

Livigno encompasses over a thousand years of history and first appeared in a document in 1187. It is from that time - or perhaps much earlier - that its history begins. The protagonists have always been the 'livignasc'ch' who have been able to work hard day after day, with the ambition to transform a small community into one of the most popular lifestyle destinations, both in winter and in summer, and which will be home to the Milan Cortina 2026 Winter Olympics: an important dream come true that confirms this destination as one of the best winter resorts for Freestyle and Snowboarding worldwide, earning it the title 'Valley of the Olympians'.

Livigno's high-level tourist offer is based on three pillars: "Powerful", which tells of Livigno's adrenalin-fuelled, energy-rich soul; "Chic", on the other hand, highlights the more lifestyle aspect of the resort; and "Moving", which emphasises Livigno's dynamism, in every context and for all sports training, combining sport and wellness: two tools for taking care of body, mind and spirit.

To these we have added our location-based values: respect and care for an area that is rich in unspoilt nature; care for people, citizens and tourists; pride in traditions, which are celebrated and handed down to keep the uniqueness of the area alive.

These pivotal points are reflected in each of the activities available in the area: from the adrenalin-pumping, to be experienced in contact with nature, surrounded by the most famous Alpine peaks, to the more relaxing, regenerating the mind and body, and to lifestyle proposals, such as exclusive shopping and the discovery of traditional flavours and fine dining.

The whole proposal in fact, underlines how Livigno is a destination that encapsulates many facets, deeply intertwined with each other, mixing **relaxation**, **fun**, **good food**, **sport and nature** in every season.

Livigno, is an Alpine pearl that dominates the valley from its altitude and with its enthralling energy; an authentic place where you can pursue your passions, whatever they may be, and where you can experience unique, unforgettable emotions.



Useful information

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Clicca sulle singole sezioni per consultarne subito i contenuti, per tornare all'indice clicca sulla presente all'inizio di ogni sezione.



Livigno offers a number of online and digital tools that allow you to stay up-todate on every aspect of the destination - from the latest news about the season to unmissable events and the weather - to better organise your stay and enjoy unforgettable Alpine experiences.











### N FIGURES GNO

Livigno is a place to be discovered and experienced first-hand in order to appreciate its many facets. A few simple lines are not enough to describe it, but a few figures can show you how, year after year, it has shown itself to be a highly receptive, international destination.



SUMMER 600.000 | WINTER 1.400.000

25% ITALIANS

25% FOREIGNERS

### LIVIGNO GREEN

The municipality of Livigno makes a concrete, daily commitment to offering a **green lifestyle** to its community and tourists. In fact, Livigno has put in place a whole range of **eco-sustainable actions** to preserve the environment, its territory and landscape. As one of its most important initiatives with a sustainable approach, Livigno encourages the use of **public transport**, both to reach the town and inside it.

For domestic tourists, Livigno can be reached using a combination of train and bus at a reduced price: by purchasing the lo Viaggio Ovunque in Lombardia ticket, travellers can reach Tirano station and then continue to their destination by bus.

A similar solution is also available for those arriving from Switzerland: the Graubünden Pass makes it possible to reach Zernez by train and then continue by bus or train to your destination.

The Municipality of Livigno, together with the Lombardy Region and the Sondrio Public Transport Agency, has set up the **Interreg V Omni-BUS 4.0** project, which promotes the realisation of a modern, integrated and sustainable Alpine cross-border public transport system between Italy and Switzerland. As part of the cross-border cooperation project, the Interreg V Italy-Switzerland Omni-BUS 4.0 touches a crucial node in the relations between the two states: mobility and accessibility, fundamental for citizens and workers, but also for the many tourists travelling between the Province of Sondrio and the Canton of Graubünden. By expanding the public transportation network and promoting the interconnections between different operators - railway

lines, bus lines, shipping companies and cableway installation providers - the project aims at increasing the number and quality of transportation services offered to local users and tourists, by promoting local enhancement and accessibility and favouring low-environmental-impact transfers.

On the local level, however, Livigno offers a **completely free public transport service** between the different areas of the village - with four bus lines in the winter season and two in the summer season - **for MyLivignoPass holders** and offers a year-round connection service between Livigno and Trepalle: a concrete commitment to encourage the use of public transport by Livigno residents and international tourists.

Thanks to the partnership with Repower, Livigno has provided **charging stations for simultaneous**, **fast charging of electric vehicles and e-bikes**. The strategic distribution of these charging points throughout the territory allows motorists and bikers to recharge their vehicles at any time and at any point in the town, and then continue on their way.

Another green practice is **conscious waste management**: Livigno has put in place a project related to the construction of around 60 Molok® areas between Livigno and Trepalle, offering a clean, safe solution for the disposal of any waste in an efficient and environmentally friendly manner. Furthermore, due to the large capacity of the bins, the traffic of waste collection vehicles is reduced, leading to a decrease in environmental pollution.

# MYLIVIGNOPASS SUVER PASS TO EXPERIENCE LIVIGNO TO THE FULLEST

Livigno has created **MYLIVIGNOPASS**, the new official card for all those staying in the area, designed to make the experience in the resort even simpler, richer and more engaging. Handed over directly by the hotel upon check-in, the card allows direct access to a world of services, activities and events.

Available in both **physical and digital versions, Silver or Gold**, depending on the hotel where you are staying, **MYLIVIGNOPASS** is the passpartout to discovering all the best that Livigno has to offer, for an all-round experience.

#### With MYLIVIGNOPASS you can therefore:

- Access exclusive outdoor and indoor activity packages;
- Book experiences and events easily and at discounted rates directly from your smartphone;
- Take advantage of facilities and services tailor-made for guests;
- Enjoy free use of local public transport;
- · Enjoy discounts in affiliated facilities and shops;
- Receive live communications during your stay;
- · Access sports and wellness with AQ 1816 and Alpine Wellness at Aguagranda;
- Participate in numerous guided excursions;
- Experience countless exclusive experiences.

Move around freely, and enjoy your holiday to the full. With MYLIVIGNOPASS, every experience is at your fingertips: travel on cashless public transport, discover exclusive activities that make your stay even more special, take part in contests and stay up-to-date.

#### **How MYLIVIGNOPASS works:**

- Check-in: upon arrival, you receive your MYLIVIGNOPASS from the participating establishment;
- Download the app: link the card you received and start your holiday;
- Use the card: use it for transport, facilities, experiences and more;
- Check-out: at the end of your stay, return it to reception.

**MYLIVIGNOPASS** facilitates your stay and offers you a carefree holiday in true Livigno style: authentic, dynamic, and surprising. It simplifies your holiday and gives you more time to experience Livigno, with special rates for exclusive experiences and events...





With its 100 km<sup>2</sup> plus of skiable surface area, Livigno is the ideal destination for those seeking a dynamic lifestyle of excellent performance and moments to be enjoyed alone, in company or accompanied by coaches, mountain guides and ski instructors.

For the joy of athletes, enthusiasts and novices alike, the Alpine destination offers 115 km of slopes reaching almost 3,000 metres in altitude - many of which start directly from the village centre, next to hotels and apartments, guaranteeing unparalleled comfort. Added to this is a long winter season, from 29 November until the beginning of May, with **fresh, natural snow guaranteed** thanks to the resort's altitude.

During the Olympic period, it is important to emphasise that only two of the 32 lifts will be affected by the competitions, so it will still be possible to ski normally even during this period, thus ensuring continuity and fun on the snow.

On the two sides of the valley, which are always sunny, there are 74 slopes of varying levels of difficulty, suitable for all abilities, served by 6 cable cars (Carosello 3000 I and II, Mottolino, Livigno Centro Tagliede I and II, Cassana), 14 chairlifts and 12 ski lifts. The offer is completed by the Skilink service, which started in 2018 and that allows skiers to move around easily and quickly between the Carosello and Mottolino slopes thanks to free shuttles.



Livigno boasts **over 150 instructors** - including former professional athletes and national instructors of various disciplines - **trained by the Italian Ski School**, an international excellence in ski instruction.

Thanks to their multifaceted professional sports training, the instructors are on hand to accommodate every request, ranging from all snow sports (such as alpine skiing, snowboarding, telemark, cross-country skiing, freestyle and freeriding) and adapting lessons to the customer's age and level of preparation. Moreover, thanks to their knowledge of **several foreign languages** (including English, German, Polish, Czech and Russian), each instructor will be able to offer the best skiing experience to international tourists who have chosen Livigno for their winter holidays.

Livigno's ski instructors are also the protagonists of the **Show Maestri**, the event organised every Tuesday evening at 9 p.m., when the instructors entertain spectators with performances related to the world of snow sports: from the giant slalom parallel to freestyle acrobatics with skis and snowboards, and even exciting choreographies wearing vintage clothes and equipment and the iconic torchlight procession.

The instructors are grouped together in **10 local schools**, all strategically located at the start of the slopes: Livigno Sport Academy (Via Domenion 182); New Ski School for snowboard and skiing (Via Ostaria 257); Scuola Italiana Sci Azzurra (Via Ostaria 81); Scuola Italiana Sci Livigno Galli Fedele (Via Saroch, 634); Scuola Italiana Sci Livigno Galli Fedele (Via Saroch)

gno Italy (Via Fontana, 210); Scuola Italiana Sci Livigno Ski Planet (Via Saroch, 810); Centrale Scuola Sci e Snowboard (Via Plan, 273); Scuola Sci fondo Livigno 2000 (Via Isola 113), GR Mountain (Via Fontana, 90) and lastly Scuola di Snowboard Madness (Via Bondi 473/B).

The state-of-the-art schools also offer customised services for people with disabilities: the teachers are in fact also qualified to teach people with disabilities of all ages through the use of specific equipment, such as the use of B.A.S.S. (Borney Adapted Snowboard System), the monoski for people with lower-limb disabilities, or intercom guides for the blind.



### SNOWPARK | SNOWBOARD | FREESTYLE

Year after year, Livigno proves to be the ideal destination for snowboarding and freestyle enthusiasts who can try their hand at adrenaline-fuelled jumps and exciting tricks in the resort's **numerous snowparks**. Fans of these disciplines can choose between the **Mottolino Snowpark**, **The Beach - Snowpark Carosello 3000**, **the Amerikan Snowpark** - perfect for novices who can try out their first jumps on the 15 structures present - and **Snowpark20**, over 200 metres long, created and maintained by the guys of the Funny Twenty Area, which has around 20 structures for all kinds of fun.

It is also thanks to the historical presence of these maxi-areas that Livigno was chosen as the ideal Italian host city for the snowboard and freestyle competitions at the 2026 Milan-Cortina Olympics.

With an area 800 metres in length, 4 lines of jumps suitable for all abilities and over 60 obstacles of different difficulties and sizes, the **Mottolino Snowpark** is recognised as one of the **best** snowparks **in Italy and one of the most renowned in Europe**. It offers a fun, adrenaline-fuelled experience for beginners and seasoned enthusiasts, as well as for the world's best professional riders, who choose to train here for the most important races of their careers - even Olympic ones - because it offers a wide variety of **state-of-the-art facilities**.

In its more than **20 years of history**, this snowpark, located in the Mottolino ski area, has hosted **international events** such as the Burton European Open, Audi

Nines, Burn River Jump and the World Rookie Fest, all made possible thanks to its innovative and modern construction.

**The Beach - Snowpark at Carosello 3000**, featuring a stunning tropical setting and a Surfer's House at a height of 3,000 metres, is an easy-snowpark that, thanks to the various facilities in the area, allows freeskiers and snowboarders to find the stimuli to learn and improve their skills in performing jumps and stunts.

On both sides of the valley, on the other hand, there are numerous mini-snowparks suitable for novices in the world of freestyle: among these are the **Amerikan Snowpark**, ideal for newbies who want to experiment and tackle their first jumps on skis or snowboard, and **Snowpark20**, more than 200 metres long with more than 20 structures, such as small and large jumps, but also boxes and rails of all types.



### FUNPARK

Livigno boasts many 'fun areas' for the enjoyment of amateurs, experts and professionals who can experiment and test themselves with new types of descents.

On the Carosello 3000 side, there are two: the **Km Lanciato**, a course with high gradients that ensures an adrenaline-fuelled descent, and **The Beach - Kids Cross**, the longest fun area in the world, with a course of over 1,700m with an unexpected summer design and featuring 22 banks, 8 bumps and 2 spirals.

On the Mottolino side, on the other hand, there is the **Natural Pipe**, a completely natural half-pipe ideal for sequential jumps and evolutions; the **Natural Moguls**, where natural bumps are formed during snowfalls; and the **Self Timing**, a slope equipped with race poles and timekeeping at the start and finish that allows you to challenge yourself and others and record new personal bests.

When evening comes and the slopes empty, the brand new Snowkarts come into action at Skiarea 29, winter tricycles that allow you to tackle the slopes in total fun, every Tuesday and Wednesday from 5pm to 7pm. For tobogganing enthusiasts, there is an illuminated toboggan run at the San Rocco ski lift every Monday from 4 p.m. to 6.30 p.m.

Lift 23 is open every Thursday evening for night skiing from 20.30 to 22.30.



#### FRERIDE AND HELISKI

Thanks to its geographical position and altitude, snow in Livigno is guaranteed for extended periods, remaining soft and of the highest quality for a long time. As such, its 100km2 of back country attracts lovers of adrenaline-fuelled, authentically Alpine and 'limitless' experiences such as freeriding and heliskiing. Heliskiing involves ascending pristine mountains by helicopter, where freeriders - previously instructed in safety information and accompanied by a UIAGM mountain guide - can then embark on exciting off-piste descents.

The Valtellina resort is among the mountain destinations that have believed most in freeriding and the Livigno town council therefore decided to activate and strengthen services dedicated to information about it through the **Freeride Project**. **The only one in Italy** and active for several seasons, it is based on the **Avalanche Bulletin**, a daily information service that is processed every morning by the Livigno Avalanche Service (Livigno Avalanche Centre, a member of the EAWS - European Avalanche Warning Services Association), which provides all the information on the stability of the snowpack in each area of Livigno. In addition, there is also the **Snow Quality Bulletin**, which can be consulted on a daily basis, showing snow conditions, skiing quality and stone exposure in the three different skiable areas (mountain slopes, in the forest, below the forest).

Prior to the official communication, the information is also analysed and integrated with that obtained through the Bormio Arpa Regional Avalanche Bulletin and that of

the Swiss Avalanche Centre SLF.

The news is then disseminated via a daily newsletter service, on the resort's official website, on the 'Livigno Weather' Instagram page populated with interesting content, but also on local signs, on videos displayed at ski lift stations, on totems in the village and on the free MyLivigno app.

In addition to online consultations, the Freeride Centre team and Alpine Guides are available daily for in-depth information and advice.



### HIGH ALTITUDE EXPERIENCES

In addition to the more classic - but equally fun - ascents and descents on the slopes, all winter sports enthusiasts in Livigno can enjoy some exciting experiences in contact with the snow.

**Powder Days**: on the day after a heavy snowfall, the **Carosello 3000** cable car opens early at 7.30 a.m. (at no extra cost to the normal ski pass) to reach the specially ungroomed slope and thus allow people to try freeriding 'on the slope' from the early morning. Sportsmen and women who take part in these events to celebrate the snow - the real star of Livigno's winter - can then make their way to the Freedom Eagle, at the top of the cable car, where hot tea is served.

**Sitas Ski Area**, on the other hand, offers four experiences to be enjoyed at specific times of the day - sunrise, sunset and at night - and designed for different interests. **Sunrise Emotion & Luxury Breakfast**, organised every Tuesday from 07.00 to 09.30, allows ski enthusiasts to enjoy the sunrise on the freshly groomed, pristine slopes, and then enjoy a delicious international breakfast at high altitude; **Sunset Emotion**, on the other hand, is organised every day at 18.30 and includes a snowcat ride to enjoy the slopes at sunset and the almost night-time view of Livigno. **Top Emotion** is ideal for lovers of good food who, at 7 p.m., will travel to the Costaccia Refuge aboard a snowcat, where they can enjoy a prestigious gourmet dinner - exclusively based on fish - surrounded by typical Alpine design.

When evening comes and the slopes empty, the brand new Snowkarts come into action at Skiarea 29. These are winter tricycles that allow you to tackle the slopes for fun, every Tuesday and Wednesday from 5 p.m. to 7 p.m. For tobogganing enthusiasts, there is an illuminated toboggan run at the San Rocco ski lift every Monday from 4pm to 6.30pm.

### PROMOTIONS

During the winter season, Livigno has a range of offers and promotions that are suitable for everyone, allowing you to fully experience Livigno's winter and fun on the slopes.

Skipass Free is an annual offer that allows you to get a **free ski pass for an extended stay** in Livigno: from 5 nights in a hotel and 7 nights in affiliated flats. The offer can only be used after directly booking your stay at the accommodation facility concerned or via the resort's official website.

This year the promotion - with its terms and conditions - is valid **from 29 November** 2025 to 20 December 2025 and from 11 April 2026 to 03 May 2026.





The Livigno winter is synonymous with dynamism thanks to the wide range of outdoor sporting activities on offer, embraced by majestic nature all around and caressed by the crisp, energising alpine breeze in Livigno.



#### **CROSS-COUNTRY SKIING**

Livigno is a popular destination for cross-country skiing enthusiasts, a discipline that can be practised here as early as the last week of October when the technical cross-country ring is opened for the season. This opening prior to the start of the winter season is possible thanks to the snow-farming technique, which Livigno has espoused since 2016: the snow that has fallen at the end of winter, added to the scheduled snow, is preserved until the following winter season, thanks to the use of wooden wool and geothermal sheets that prevent it from melting. If you want to learn more about this technique, please visit <a href="https://www.livigno.eu/livigno-snowfarm">https://www.livigno.eu/livigno-snowfarm</a>.

The **cross-country ski track**, which starts in the village and continues to the Forcola and Alpe Vago area, runs for **30 km** - it is always sunny and allows sports teams, professional athletes and enthusiasts to benefit from real snow even out of season and train at high altitude.

This sport is a real passion for Livigno: every year it hosts numerous competitions, open to both professionals and amateurs, including the **Sgambeda**, in which hundreds of cross-country skiers compete, and the **MiniSgambeda**, an opportunity for children to take to the field and show off their skills.

#### SKI MOUNTAINEERING, SNOWSHOEING AND MANAGED TRAILS

Livigno offers 150 square kilometres of unspoilt terrain with a great variety of routes to be discovered by ski mountaineering or snow-shoeing.

**Ski mountaineering** is a fascinating sport for those who love the mountains: it is practised off-piste in pristine settings, promoting the most authentic exploration of the terrain using specific equipment - such as skis and ski mountaineering boots, poles and skins -, thus reaching higher and different peaks than those of alpine skiing. Thanks to Livigno's altitude, for the more experienced and adventurous, this discipline is practicable as early as the first snowfall (usually in mid-November).

There are several routes in the area suitable for all levels of ability, but it is always advisable to have an Alpine Guide accompany you, who will be there to help you from the starting areas where the check-points are located to check that the A.R.T.V.A., the special equipment needed for off-piste activities, is working properly.

**Snowshoes** make it possible to move easily through the snow on foot, wading through the woods, on paths and untracked terrain while listening to the energy of nature. The snowshoe trails extend throughout the area, from the lake area to the Forcola Pass, and offer varying difficulties to please every type of hiker, regardless of their level of preparation. You can also book your own guided tour by contacting the Cross-Country Ski School or Alpine Guides, who organise weekly excursions for groups of 6 to 10 people.



For several years now, the resort has devised 'managed trails': these are trails created by the Progetto Freeride team that are located in areas adjacent to the ski lifts, are constantly monitored and are groomed every time it snows.

They are carefully signposted in order to easily distinguish the ones indicated for each sport activity concerned: for **ski mountaineering**, there are **five trails** (Costaccia, Trepalle-Li Crapena, Croce Valandrea and Deschana and Carosello) and they are marked with blue and orange signposts; while there are **seven snowshoe trails** (Tee Val Federia, Val delle Mine, Sentiero dell'Arte, Crap de la Paré, Baitel da Plascianet, Giro delle Tee and Tea dal Brun) and they are marked with green and fuchsia colours.

All routes and their maps can be consulted online free of charge on Livigno's website, while the Avalanche Bulletin and Snow Quality Bulletin provide all the information on the stability of the snowpack and snow conditions, skiing quality and exposure of stones in the three different skiable areas.





#### **ALTITUDE TRAINING**

Thanks to its location, nestled in the Rhaetian Alps and with an altitude ranging from 1,816 to 3,300 metres above sea level, Livigno is chosen by professional athletes and experienced sportsmen and women to **improve their performance**: physical activity, in fact, is even more effective when carried out **at high altitude** as it acts on the oxygen transport mechanisms and the body's performance increases as a whole. Training at altitude is particularly suitable for endurance sports, which require intense and constant aerobic activity due to the low air pressure.

There are many **national teams of different disciplines** that choose Livigno for their athletic preparation and thus obtain the best performance in competitions and championships: among them, there are the Italian, Spanish, Japanese, Norwegian, Czech, Finnish, Swedish, Swiss, English, German and Estonian national cross-country skiing teams; the Italian alpine skiing team; the Italian biathlon team and also the Japanese national team, who choose Livigno during the spring season, when there is still snow.

In addition to the territory itself, which is an inexhaustible source of stimuli to excel in one's performance, every athlete has the opportunity to take advantage of many other services: Livigno, in fact, has always been recognised as a **highly avant-gar-de** resort for **facilities designed for sportsmen and women**. The most important is **AQ1816**, the **Aquagranda sports centre**, the fitness and wellness centre in Livigno that has been nominated as an **Olympic Preparation Centre**, obtained thanks to official qualification from the **Italian National Olympic Committee (CONI)**, which considered all the quality standards required by the sports federations to be met. It is in fact a high-level **multi-sports venue** with high-quality equipment, ideal for all types of training and athletic preparation.



#### **FAT BIKE**

Fat bikes, an innovation of the last decade, are bikes with unique features, namely a large tyre cross-section and low tyre pressure, which guarantee absolute grip on soft surfaces - such as snow - or particularly uneven surfaces.

An electric version of these bikes with maxi wheels, suitable for people of all ages, are also available - **E-fat-bikes** - for those who prefer a low-impact sporting activity to enjoy a ride on any type of route and incline.

For children, on the other hand, both 'mini' and 'Charriot' versions are available, a pram designed and built on skis that can transport children from 0 to 6 years old.

All versions of fat bikes are ideal for venturing along the managed green-marked trails - which are entirely dedicated to walking and fat biking - or discovering the cycle path, a trail of about 20 km around the outer edge of the town, perfect to try in all seasons and suitable for all ages.

Dedicated tours are also available on request from local mountain bike guides.

#### **BIATHLON**

Belonging to the Nordic skiing group, biathlon is an Olympic discipline - whose name derives from Greek and has the meaning of 'double challenge' - that brings together two sports: cross-country skiing and rifle shooting.

The **Biathlon Arena** has opened in Livigno, an area equipped with 12 electronic shooting stations, open all year round, that has been carefully designed to offer an ideal environment where biathlon enthusiasts - both professional athletes seeking the best sporting performance and amateurs or beginners wishing to start learning the sport - can train at any time.

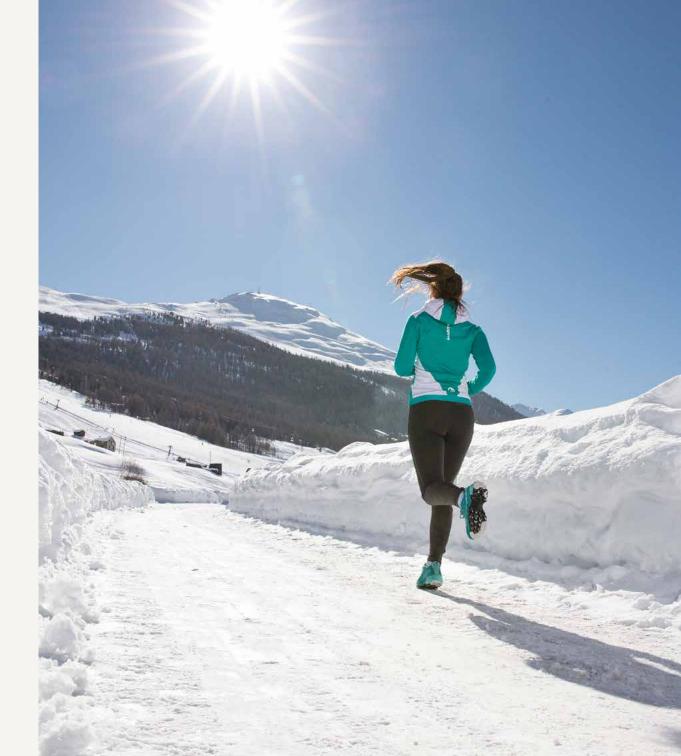
Like all other sports facilities in Livigno and thanks to its location at an altitude of over 1,800 metres, the arena guarantees greater endurance and thus excellent performance during training.

For novices or beginners, private laser biathlon lessons are available and are organised by qualified instructors who will share tips and techniques to learn or improve your skills.

#### WINTER TRAIL

The Winter Trail is a **20-kilometre-long trail of groomed snow**, starting in the heart of Livigno and winding its way through the valley\*. It is ideal for those who want to run, take a horseback ride or practise **Nordic walking**, the energetic style of walking with poles that help to increase the pace, suitable for all ages, that strengthens arms and shoulders, improves back posture and tones the buttocks and abdominal muscles. You can book a guided tour by contacting the Cross-Country Ski School directly, as it organises weekly excursions for groups of 6 to 10 people.

\*exclusively for this year, due to the Milan-Cortina 2026 Olympics, the cycle path will be interrupted in the Mottolino area, but will remain open and usable both before and after the lifts.



#### OTHER WINTER ACTIVITIES

In Livigno, valley of Olympians and sportsmen, there is no shortage of activities to keep fit or for those who simply appreciate a dynamic lifestyle. The fil rouge is snow, the one true protagonist of Livigno's winter season.

There are several options for **ice climbing in the area**, a sporting activity that shows the mountains in their wildest winter guise and thus requires the accompaniment of an Alpine Guide and the use of specific technical equipment.

For those who want to feel the high-altitude spirit of Livigno, **paragliding** is the best solution: an unforgettable experience that provides you with a privileged view of the valley tinged with white, to be admired from above after launching into the void with the Feel The Sky pilots.

Animal lovers will find endless opportunities in Livigno even in winter. Horse-riding enthusiasts will be able to experience thrilling **horseback rides** in an enchanting snowy setting. Accompanied by professional instructors, these experiences are perfect for experts and beginners alike. For those looking for an original and fun activity, a **walk with Ilamas and alpacas** is a must: they are gentle, sociable animals that make a 30-minute hike through the beauty of the mountain trails unique. Another alpine experience is a **horse-drawn sleigh ride**: something to share with family, friends or partners, when time seems to stand still and provide you with the opportunity to further immerse oneself in the beauty of the Livigno area, enveloped in the fresh winter breeze.

The Ice Arena, on the other hand, houses the large **ice-skating** rink, which occasionally also becomes the stage for ice hockey matches. It is a sport that is suitable for everyone and can be played in a group, with family or with friends.

**Ice Driving** is also synonymous with fun. driving a special car on an icy track. Safe, sporting and competitive driving tests can be organised at the Ice Driving School.

Lovers of speed and engines can rent **quads**, **ice-karts and snowmobiles** at the rental offices at the lake or at the Eira Pass, and then explore the poetic winter land-scape.





## RCAD TO MILANO-CORTINA

Livigno, which has always been the home of sportsmen and women, is ready to make its mark on the 2026 Milan-Cortina Olympics by hosting the Freestyle and Snowboard competitions and earning the title 'Valley of the Olympians'.

Thanks to state-of-the-art facilities and a commitment to the well-being of athletes, the venue will award 26 Olympic titles. The Olympics represent the crowning of an entire valley's dream, which, in addition to supporting the athletes, will show the public the pure joy of its unique scenery.

### THE CLYMPIC VISION AND GOALS

Each venue for the Milan Cortina 2026 Olympics was identified and chosen according to several principles, the same principles that were also taken into consideration in Lausanne and that led to the victory of Milan Cortina for 2026.

Alongside the values of sustainability and maximising the use of existing iconic venues, the experience that athletes will have in the various venues, the opportunities for spectators, the lasting legacy that the Games can bring to the area - in accordance with the development plans for the cities and regions - and the renovated facilities and improved accessibility for future generations were also taken into account.

Another factor contributing to the choice as an Olympic venue: Livigno has been on a sustainable path for several years now, making it greener in many ways with the aim of preserving its fantastic natural setting.

The landscape, the quality and variety of services, infrastructure and sports activities on offer, together with the attention to detail, have made Livigno one of the most popular destinations for sportsmen and women. This result was also possible thanks to AQ1816, the Aquagranda Olympic Preparation Centre, the only one in Italy for high-altitude training, which contributes to the achievement of Olympic goals.



### THE LIFTS: LIVIGNO SNOW PARK AND LIVIGNO MOGULS & AERIALS, TWO ICONIC LOCATIONS

Both sides of Livigno will be involved in the Milan Cortina 2026 Olympic Games.

**Livigno Snow Park**, set up on the Mottolino slope, will be the stage for the Half Pipe, Slopestyle, Big Air, Snowboard Cross, Ski Cross and Parallel Giant Slalom competitions. The ski area is a benchmark for freestyle and is preparing to welcome the Olympic challenges with lifts renewed for speed and comfort, such as the new Mottolino cable car and the Monte Sponda chairlift, with heated seats and cutting-edge technology.

The **Livigno Aerials & Moguls** (LAM) track, set up on the Carosello slope, on the other hand, will be the place where the world's best athletes will compete in the disciplines of Moguls and Aerials. From 11 to 13 March 2025, the LAM track hosted the World Cup Finals of Moguls, Dual Moguls and Aerials, the first test event ahead of the Olympic event.



#### **INFRASTRUCTURE**

Livigno has always been recognised as a highly advanced resort for its sports facilities. After receiving the nomination as an Olympic venue, the municipality immediately took the first steps towards the Olympics by making improvements to various infrastructure in the city.

With its nomination as an Olympic Training Centre by CONI, AQ1816 has achieved a milestone that confirms its high sporting standards. After years of growth and transformation, it has now taken a decisive step: a new identity, divided into two distinct but complementary souls.

A choice born of the need to make the most of two experiences that, while sharing the same space, address different audiences, with specific needs and objectives. Aquagranda has in fact developed in two directions:

- on the one hand, AQUAGRANDA ALPINE WELLNESS: the leisure world, dedicated to wellness, relaxation and fun for all ages in an Alpine environment;
- on the other, AQ1816: a centre of excellence for athletic training and sports performance, an Olympic preparation centre.

Two visions, two audiences, one reality. This is a natural evolution for a place that has always put the energy of the body and the well-being of the mind at the centre, but which is now expressed in two languages. A new clarity that strengthens the identity, making it more readable and recognisable.

Several legacy measures have been implemented by the resort in the run-up to the Olympics, to improve not just the experience of the event, but also its sports and tourism offer in a sustainable way. In line with this approach, the decision was made not to build an Olympic Village. In full respect of the territory and the environment, a selection of existing hotel facilities - which will be renovated - will host athletes and technical staff of the various teams.





Società Infrastrutture Milano Cortina 2026 - which designs and implements the Plan of Olympic and Paralympic Works for the 2026 Games - follows the breaking ground of the Livigno venue.

The summer of 2024 saw the start of construction work on the new 500-space underground car park in the Marangona area, which will blend in with the landscape and leave more green space for the area with a projected 23 per cent reduction in traffic.

Various works were carried out on the slopes that will host the Moguls and Aerials race tracks in the Carosello area. Work is underway in the Mottolino area on four world-class competition slopes for the halfpipe, parallel giant slalom, snowboard cross and slopestyle, as well as the construction of a storage basin and a pumping station that will guarantee a state-of-the-art system in terms of energy efficiency and sustainability for the Olympic and post-Olympic slopes.

In addition, work is also in progress on the construction of the interslope, the Carosello-Freita-Valfin cable car that will connect the two slopes, and an underground car park. The cable car will be equipped with 36 10-passenger vehicles with an hourly capacity of 1,800 people per hour, while the intermediate station, at Freita, will have the addition of a car park below it.



#### THE ATHLETES OF LIVIGNO

In recent years, Livigno has had the opportunity to cultivate special bonds with several world-class champions. Some of them are true Livignaschi, born and bred in the town, where they were able to train and then earn success and medals in both national and international competitions. The mountains, the trails, the slopes of Livigno and AQ1816, in fact, are an essential part of the season's preparation for achieving top results for all athletes.

The Livigno Team represents the resort's sporting soul: a group of athletes from Livigno and beyond, specialised in various disciplines - from snowboarding to cross-country skiing, as well as in summer sports, mountain biking and triathlon - who carry the name of the resort high in international competitions, from World Cups to the Olympics.

Livigno Team athletes include: Flora Tabanelli (Freestyle), Miro Tabanelli (Freestyle), Jole Galli (Ski Cross), Maurizio Bormolini (Alpine Snowboard), Niccolò Colturi (Snowboard Cross), Michela Moioli (Snowboard Cross), Simon Talacci (Alpine Ski), Nicola Galli (Snowboard), Veronica Silvestri and Teo Galli (Cross-country Ski), Giacomo Bormolini (Telemark), Edoardo Mottini (Ski Mountaineering), Giulia Murada (Ski Mountaineering).

These athletes train regularly on the slopes of Livigno and at the elite AQ1816 facility, where the altitude and quality of the facilities allow for optimal altitude training. Their path to Milan Cortina 2026 passes right through home, where they hone their techniques, physical training, and resilience.

Among them, new recruits in the Livigno Team are undoubtedly the very young Flora Tabanelli - winner of an X Games gold medal, an overall Freestyle World Cup and a Big Air World Cup - and Miro Tabanelli - who, in January 2025, became the



first Italian to win a Winter X Games event and won his first World Cup competition in the Big Air in Tignes in the same season. The Tabanelli brothers are the future of Italian Freestyle and are growing up in the very place where this discipline took its first steps in Italy.

The already established athletes, however, include: Maurizio Bormolini is one of the top world-class athletes in Alpine Snowboarding, winner of the Parallel World Cup in 2025; Jole Galli, from Livigno, is one of the specialists in the Ski Cross circuit; Michela Moioli, adopted by Livigno, is a true Snowboard Cross champion, winning the Olympic gold medal in PyeongChang 2018 and the World Cup 2025.

There are also many summer sports athletes: Gioele Bertolini and Mattia Longa (Mountain Bike), Gregory Barnaby (Triathlon and Ironman) - winner of the 2024 Ironman Pro Series -, Giorgia Priarione (Triathlon), Andrea Pusateri (Para-cycling) and Michele Bormolini (Car).

They are joined by many other well-known faces from the world of sport, who choose Livigno every year for their training or private life: the Italian national athletics team, as well as cyclists Elia Viviani, Filippo Ganna, Jonathan Milan, Sonny Colbrelli, Wout Van Aert, Mathieu Van Der Poel and the entire UAE Team Emirates captained by star Tadej Pogacar.

Winter sports champions are also training in the little Tibet: the Italian National Alpine Ski Team with Sofia Goggia, Federica Brignone, and Marta Bassino, the Italian National Cross-Country Ski Team with Federico Pellegrino, the Swiss National Alpine Ski Team, Mikaela Shiffrin, Ester Ledecka, the Norwegian National Cross-Country Ski and Biathlon Team with Johannes Klaebo, the British National Freestyle and Snowboard Team, and many others.

Among the former athletes who have had and still have a strong affectionate bond with Livigno are Federica Pellegrini, Livigno's number one ambassador around the world, several Italian cross-country skiers such as Marianna Longa, Simone Urbani and Morris Galli, but also Alpine skiing professionals such as Giorgio Rocca, Luca Moretti, Daniela Zini, Lorenzo Galli, Ivan Bormolini, Maddalena Silvestri and Daniel Giacomelli.

Livigno is also the cradle of real champions, such as the Snowboard champions Rudy Galli, Vanessa Cusini, Hanzel Longa, Mauro Longa and Matteo Bormolini and the Freestyle and Moguls champions Yuri Silvestri, Damiano Bormolini, Giorgio Zini, Rudy Mottini, Mattia Pegorari, Simone Mottini, Walter Bormolini, Mariangela Parravicini, Luca Ferioli and rugby player Rudy Biancotti. Among the athletes who have proved their skills on the ice are Katja Colturi and Olympic medallists Katia Zini and Mara Zini. In addition to the Italian biathletes who made the history of this sport in Italy, we also find Rudy Zini, original from Livigno, and Olympic Medallists Dorothea Wierer and Lisa Vittozzi.





#### THE HISTORY OF FREESTYLE IN LIVIGNO An Olympic route born in the snows of home

Freestyle in Livigno has deep roots and a history of passion that runs deep in the heart of the community. Livigno has played a key role in the freestyle scene in Italy and Europe since the 1990s. Thanks to its privileged location in the Alps and the long winter season, it has become a reference point for freestyle skiers and snowboarders, attracting world-class athletes. Freestyle culture in Livigno has also developed thanks to the support of the local ski schools and the constant presence of crews and videomakers who have narrated and nurtured the movement. Today, Livigno is considered one of Europe's freestyle capitals, a place where passion for the air and style continues to evolve.

Thanks to the GOL project - Gruppo Olimpico Livignasco, which brings Olympic values to local schools, Freestyle has also become a real breeding ground for talent.

Pioneers and champions who have grown up in the heart of the Alps include: Yuri Silvestri, Damiano Bormolini, Giorgio Zini, Rudy Mottini, Mattia Pegorari, Simone Mottini, Walter Bormolini, Mariangela Parravicini, and Luca Ferioli.

These names have forged a path for the new generations, inspiring athletes such as Flora and Miro Tabanelli, now two of the brightest promises for Milan Cortina 2026.

Thanks to the synergy between territory, facilities and community, Livigno has become a reference model in sport, capable of combining high-level training, a healthy lifestyle and concrete support for athletes, from beginners to professionals. The countdown to Milan Cortina 2026 has begun. And Livigno will be ready, once again, to write its Olympic story.



Livigno is an authentic family paradise: fun, sport and relaxation are the three pillars on which the resort's indoor and outdoor experiences are based.

An endless valley to admire, and to enjoy, with its stories and traditions, activities and offers to turn your stay into a family-friendly adventure.

#### **FACILITIES**

World-class hospitality, in family style: the **Family Hotel&Apartments** in Livigno put the well-being of the whole family at the centre.

Everything here is designed to make guests feel at home. As well as the services offered to make your holiday even more comfortable: babysitting and paediatric assistan-

ce, laundry, play area, and the availability of pushchairs and bicycles with child seats... but also backpacks, sleds and a kids' menu designed just for the little ones.

#### **CHILD-FRIENDLY**

Adrenaline and fun without boundaries, just like its snowy valley. In Livigno, the irrepressible urge to have fun finds what is right up your street. And not only that, because the countless activities designed for children make a skiing holiday, with or without skis, truly memorable.

#### **INFRASTRUCTURES**

**10 state-of-the-art ski schools and over 150 instructors**, specialised in various disciplines and multilingual: professionalism, experience and passion are the watchwords.

To take your first steps on skis, or simply improve your skills, why not book private or group lessons, customised to suit your needs.

The resort's **funparks** are exclusively dedicated to children's fun, such as the **Yepi Area in Mottolino**, a mini park where they can come into contact with the freestyle facilities for the first time, accompanied by mascot Yepi. Children will love this area: music tunnels, boxes and punchballs, boards and small waves of artificial snow will give them the adrenalin rush they are looking for!

Children's creativity and curiosity know no limits. In Livigno, there is a place created with the aim of stimulating these qualities and experiencing new emotions: it is the **Kinder Park** Lupigno play area, located near the Ski School Centrale. In this area, children can have fun on rides, trampolines and inflatables in the company of mascot Lupigno, Livigno's good wolf.

And while parents enjoy their day in total serenity, qualified staff also supervise their children at lunchtime, when they need to replenish their energy.

In the meantime, you can have fun in the snow at the **Kinder Club Lupigno** while learning the first, valuable skills of skiing: adventure trails, treadmill (baby-lift), tubing track, race track, inflatables and inflatable boats are available for an all-round child-friendly winter experience.



#### **ACTIVITIES BEYOND SKIING**

Livigno is also culture and its history is rooted in curious Alpine traditions.

At the **MUS! Museum of Livigno and Trepalle**, children are catapulted into the daily life of the past, walking through the ancient domestic environments that have been faithfully recreated to reflect reality. In some interesting thematic sections of the museum, such as the one dedicated to the education of children, children can become little Livignaschi.



#### AQUAGRANDA FOR THE LITTLE ONES

Aquagranda is where every member of the family can find their own space for relaxation and fun, from the oldest to the youngest. Inside the centre, the **Slide&Fun** area is an authentic water park designed to provide excitement and games for children of all ages: alone - under the supervision of experienced and qualified staff - or together with mum and dad. The youngest children, from 0 to 3 years old, can have fun in complete safety in the **Baby Pool**, a pool with water just 20 cm high and child-sized toys. For older children, aged 3 to 14, the heart of the fun is the **Magic Castle**: a large, colourful structure with slides, sprays and waterfalls, capable of sparking imagination and energy for the whole day.

Young adventurers over 1.20 metres tall can experience the adrenaline rush of our three spectacular slides: **Bazooka**, **Active Blue**, **Crazy River** (where you can also slide in rubber dinghies)

**Big news for summer 2025**: Aquagranda has added to its offer with a new heated outdoor pool and a second castle with slide and water games, all surrounded by the breathtaking scenery of Livigno. A unique experience to experience fun in the open air, surrounded by Alpine peaks.

For those who wish to share their relaxation with the whole family, Aquagranda also offers two exclusive spaces:

**Family Sauna**: a sauna designed for families, where young and old can benefit from the soothing warmth in complete safety.

**Family Hammam**: the traditional Turkish bath, in a version also suitable for children, to experience a regenerating ritual together.

Aquagranda is not just a place for play, but a real experience to be enjoyed together, with plenty of smiles, energy and those great little feel-good moments to be shared.



But the beating heart of Livigno is its Alpine nature: rediscovering its value and respecting the species that inhabit it is at the heart of a holiday in the resort. And this is what children can learn on a **guided tour of the Alpe Livigno**. Here, from the excitement of milking the cattle to a visit to the dairy, children rediscover the essence of a pure and genuine life.

Just like at **Agriturismo La Tresenda**: love for animals and reconnecting with nature are the two crucial aspects of the **Ilama and alpaca walk**. Getting to know and pet these friendly animals while walking along the mountain trails is an unforgettable experience for children of all ages.

Then, with skates on your feet, it's off to dance on the ice: at **Livigno's Ice Arena**, families have fun competing on the ice rink surrounded just by the enchanting scenery of the snow-capped peaks.



Life in the vibrant streets of Livigno's centre is slow but chic: the restaurants, bars and boutiques reflect the Alpine spirit of the resort combined with the pleasure of shopping and nightlife.

# LIVIGNO'S FOOD AND WINE: TRADITION MEETS INNOVATION

The bars and restaurants that enliven the streets of Livigno's centre, the alpine huts and refreshments located in the surrounding valley. All this is united by one common thread: the quality of the products and raw materials. Indeed, Livigno's food and wine

tell the story of the local history and traditions, reinterpreted by chefs to create dishes that convey its essence.

Livigno also launches several initiatives that focus on the territory and its traditional food and wine:

**1.** Founded in the spring of 2001, the **Association of Livigno Chefs and Pastry Chefs** (**ACPL**) aims to safeguard and promote the culinary traditions of Livigno. It is extremely active in the area and each year brings the gourmet side of the region's cuisine to the stage through dedicated events such as the Sentiero Gourmet - a **5-kilometre** 'taste marathon', divided into stages, in the **Vago valley** area.



- **2.** The **Tas'T Livigno Native Food project** brings gastronomic corners 100% made in Livigno to the area's hotels: from bresaola and cheese to bread and desserts, all bearing the Tas'T logo. The products are made locally using all-Italian ingredients, meticulously selected to obtain high quality food that enhances the flavours of the territory.
- **3.** The **bilingual photo book 'Leina da Saor**' was created by the Association of Livigno Chefs and Pastry Chefs, published by Mondadori. With the participation of the entire Livigno community, old recipes and traditional ingredients are preserved and handed down from generation to generation. The result is a book containing 100 traditional recipes, 37 revisited ones, and over 250 photographs.
- **4.** The **Mattias Association** was founded in 2015 in memory of Mattias Peri, the first chef from Livigno and Valtellina to receive a Michelin Star in 2009. Mattias has been able to give an identity to the cuisine of the Alps, becoming one of its most loved and inspired interpreters, especially for the young chefs who try to follow in his footsteps. Thanks to him, in fact, the locality has made a great leap forward in culinary terms. Every year, the Associazione Mattias organises fund-raising events to finance scholarships for deserving students from Hotel and Catering Schools in Lombardy and Trentino-South Tyrol, recognising future chefs who have distinguished themselves for their culinary skills during the school year.

#### **SHOPPING**

Livigno's pedestrian centre is an open-air mall located at an altitude of 1,816 metres. The 250 shops, exclusive boutiques and flagship stores, fit seamlessly into their surroundings.

From Made in Italy to international brands, from artisans' workshops to hi-tech shops: Livigno welcomes and offers both traditional and cutting-edge products, becoming a true paradise for all shopaholics over the years.





#### **NIGHTLIFE IN LIVIGNO**

After a day on the slopes or roaming the streets of the village, the only desire is to enjoy an evening in good company, sheltering from the cold in the village bars.

In traditional bars and mountain huts, this is when the **apres-ski** kicks off: between a chat and a bombardino, a sip of beer or a hot drink, everything is perfect for relaxing with friends.

Traditional stories are then told around the table, such as the one about the birth of the bombardino, in Livigno itself. One day many years ago, a young man from Genoa created this drink made of milk, whisky and zabaglione to counteract the freezing temperatures in the mountains.

And so, just like that first time, with every taste you can hear them exclaim: "Damn! It's a bomb!"

A DJ set sets the mountain alive with internationally-renowned guests at the **Stalet**, the **Centrale** après-ski bar and at the **Centrale Alm Restaurant**. At **David's** après-ski you rediscover the flavours of typical dishes in a cosy atmosphere in complete Alpine style.

And for after dinner, some decide to continue the evening in one of Livigno's Disco Pubs. Like Miki's Pub, the meeting place of choice for young people to have fun on the dance floor, with music and karaoke.



Livigno is one of the most internationally recognized Alpine destinations, celebrated for its traditions and its journey to becoming what it is today. The resort embraces its past, allowing visitors to step back in time and experience its unique Alpine spirit.

#### A WALK THROUGH HISTORY: PAST AND PRESENT

To understand Livigno's history, one must travel back to 1187, the year the village was first mentioned in a historical document. The name Livigno is likely derived from the late Latin word labineus, meaning "place subject to avalanches." Several centuries later, in 1799, the district of Trepalle was officially included within Livigno's territory, Trepalle holds the distinction of being Europe's highest inhabited district, situated

between 1,900 and 2,200 meters in altitude. Despite the harsh climate and its remote location, the locals managed to survive thanks to their great spirit of adaptation.

The economy was primarily based on livestock farming, dairy processing, and meadow care, as the freezing temperatures allowed only limited agricultural production, mainly consisting of turnips. This hardy, vitamin-rich root could withstand the cold mountain temperatures. For many years, life in Livigno remained unchanged until 1952 when the Foscagno Pass opened, followed by the Munt la Schera Tunnel in the late 1960s. These developments marked the beginning of the village's transformation from a quiet farming community into a lively tourist destination.



#### THE MUS! MUSEUM OF LIVIGNO AND TREPALLE

Stepping into the MUS! Museum feels like walking into an old Livigno dwelling, immediately immersing you in the town's past. The museum has faithfully recreated domestic environments from Livigno's history, along with thematic sections featuring ethnographic objects carefully preserved over the years.

This journey through time allows visitors to appreciate the culture, traditions, and daily life of the region, from food to education. The history of Livigno resounds throughout the museum's walls, where every piece tells a story. Visitors can either explore the museum independently with **informative labels** and an **audio guide** or book a **guided tour** for a deeper dive into the region's past.

# FATHER PARENTI AND HIS MISSION IN TREPALLE: theorigins of Guareschi's Don Camillo in Europe's highest village

Connected to Livigno by a scenic road and a panoramic trail through the Val Tort, the Trepalle district lies at an altitude of 2,069 meters, making it Europe's highest residential area. Its history is inextricably linked to that of Father Alessandro Parenti, an energetic and innovative parish priest who made a lasting impact on the village and Valtellina's history.

Father Parenti arrived in Livigno in 1929, soon after his ordination. At the time, the village lacked electricity, telephones, and running water-during winter, the snow had to be thawed for drinking water. Temperatures often dipped below 30 degrees Celsius. Despite these challenging conditions, Father Parenti quickly set to work, focusing on educating and guiding the community through Holy Masses, preaching, confessions, catechesis, and using rectory rooms as a kindergarten and elementary school. He also

provided support for the sick and less fortunate families, going well beyond traditional pastoral duties.

Father Parenti took advantage of Livigno's extra-customs status, founding a cooperative and a company to run the village's petrol station.

Thanks to his determination and connections, he gradually brought about substantial changes to the village. In 1936, he installed electricity in the rectory and other buildings using a water turbine, eventually achieving year-round electricity in 1948 through an internal combustion engine. He also brought a telephone line to the village in 1948, secured the opening of the Foscagno road in winter in 1951, and managed to establish an aqueduct in 1958.



In September 1970, after 41 years of service, Father Parenti passed on his mission to Father Adriano Ponti, a valuable collaborator. He passed away on October 17, 1980, leaving behind countless fond memories.

Father Parenti's influence extended beyond the village, inspiring the writer Giovannino Guareschi, who visited Trepalle in the summer of 1948. During his visit, Guareschi met Father Parenti and was so impressed by him that the character of Don Camillo, from his famous stories, is believed to have been inspired by this meeting. The village of Trepalle is an ideal destination for those seeking to live away from the city and be surrounded by nature. In the first story of Gente così, published in the weekly magazine Candido on October 10, 1948, Giovannino Guareschi mentioned a village named Trebilie, which appears to be a literary counterpart to Trepalle. The sparkling energy of Father Alessandro Parenti, with his generosity and sensitivity, inspired Guareschi in creating the character of Don Camillo, whose adventures were featured in the book Mondo Piccolo, particularly in the story cycle Storie dell'esilio e del ritorno.





When Christmas comes to Livigno, everything becomes magical. The festive spirit vibrates incessantly in every corner of the town, turning the town into a miniature Christmas village. Markets, Christmas decorations and illuminated trees tell a fairy tale where snow plays the starring role, as in the most beautiful winter postcard.

#### CHRISTMAS IN THE VILLAGE

Like in a fairy tale, the centre of Livigno is dressed in lights and colours throughout the Advent period and the start of the New Year: from 28 November to 06 January, the snow-covered streets of the centre will host a widespread Christmas market, with little wooden houses that blend harmoniously with the local boutiques. The centre will be enveloped in the typical aromas and flavours - such as those of roasted chestnuts, local sweets, hot chocolate and mulled wine - with piped music accompanying adults and children to discover the proposals of Livigno's craftsmen.

#### **CHRISTMAS SHOPPING**

Wandering through the streets of Livigno's town centre, the lights and Christmas decorations embellish the Alpine design of the over 250 shops even more, catching the eye of the most curious onlookers at their window displays: exclusive



and single-brand boutiques, perfumeries, hi-tech shops, jewellers and small shops selling local products. Here, where piped music plays in the background, each visitor can search for the perfect gift for family, friends and their partner, and is surprised by an endless array of proposals.

#### **NEW YEAR'S EVE**

A new year is about to begin, and with hearts full of excitement and hope, guests and locals alike are looking for unforgettable experiences to spend the last day of the year in Livigno.

In the late afternoon, ski instructors can be seen walking down the illuminated slopes of the village holding a 'torch', as if in a parade. All the members also participate in the torchlight procession alongside the instructors, until they reach the wooden sign '2025'. To say goodbye to the year for good and welcome the new one, the sign is set on fire and everyone toasts together with mulled wine before dining and being enchanted by the colourful fireworks display.

#### **GHIBINET**

The festivities continue, however: in Livigno, on Epiphany morning, the children of Livigno and Trepalle whizz through the streets of the town centre on their sleds, knocking from door to door and shouting: "Bondì Ghibinet!" Throughout the Valtellina, anyone who hears this exclamation knows that children are waiting for gifts and sweets in exchange from behind the doors. This ancient formula derives from the German 'gaben-nacht', meaning in fact 'night of gifts', and recalls the Gospel episode in which the Three Kings arrive in Nazareth with their gifts.



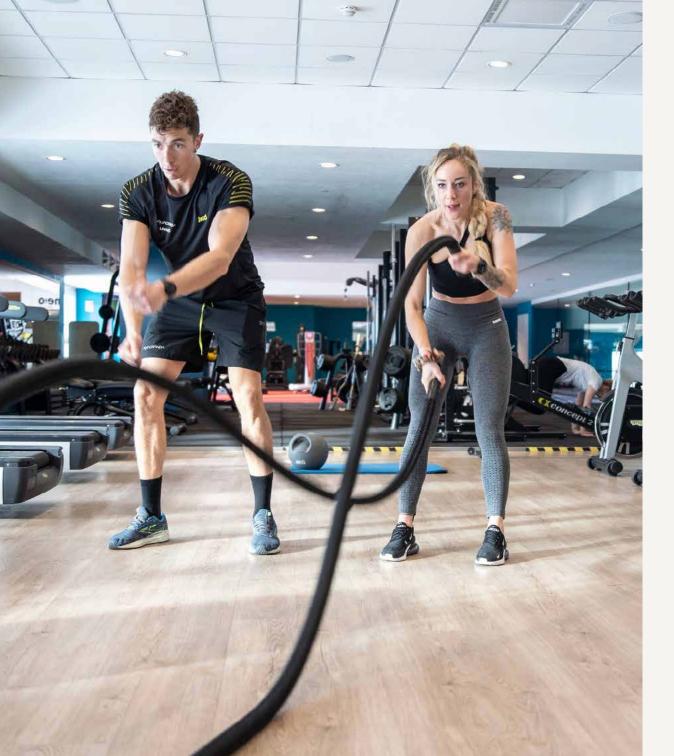
# THE WORLD OF WELLNESS, SPORT AND ENTERTAINMENT

Aquagranda is one of the most innovative sports and wellness centres in Europe, a unique place where relaxation, fun and physical activity meet at an altitude of over 1,800 metres.

A 10,000 square metre universe designed to accommodate those seeking wellness, recreation, or sporting performance.

Two distinct souls coexist within Aquagranda, both designed to offer the highest quality experiences:

- Alpine Wwellness and Slide&Fun area consisting of Alpine Wellness and Slide&Fun - is dedicated to relaxation and fun for all ages in an extraordinary Alpine setting.
- •The sports area, encompassed under the AQ1816 brand, is a true performance hub for those practising sport at amateur, professional or Olympic level.



# THE SPORTS PERFORMANCE HUB IN LIVIGNO

AQ1816 is the benchmark for all those who experience sport as a passion, personal growth and well-being.

A place where you can breathe performance, at every level: from the amateur to the Olympic athlete, every guest finds here the ideal tools and environment to train, improve and feel their best.

#### THE GYM: A TEMPLE OF PHYSICAL TRAINING

Covering an area of 350 square metres, the AQ1816 gym is equipped with the most advanced Technogym machines and the innovative MagneticDays bikes, perfect for endurance training and muscle strengthening.

Here you will find:

- A large, state-of-the-art equipment room.
- Course rooms dedicated to different fitness disciplines.
- Exclusive spaces for Personal Training sessions.

The CoachingAQ1816 programme supports each path: a customised training service where our qualified personal trainers design tailor-made programmes, whether it is to improve general fitness or prepare for specific competitions and races.

# KINEO: TECHNOLOGY FOR REHABILITATION AND MAXIMUM PERFORMANCE

The gym also houses the KINEO system, a state-of-the-art technology dedicated to functional training, post-operative rehabilitation and re-athletisation.

Using single-leg or bipedal function tests, athletes can construct viscous, elastic, isometric, isotonic and isokinetic training plans to achieve maximum athletic performance.

#### **OVER 20 FITNESS COURSES FOR EVERY NEED**

AQ1816 offers over 20 fitness courses per week, both on land and in the water:

- · Total Body, Spinning, G.A.G.
- Pilates, Aquarelax, Aquafunctional, Tabata, Cross Functional

A wide offer, designed to meet any wellness or performance objective.

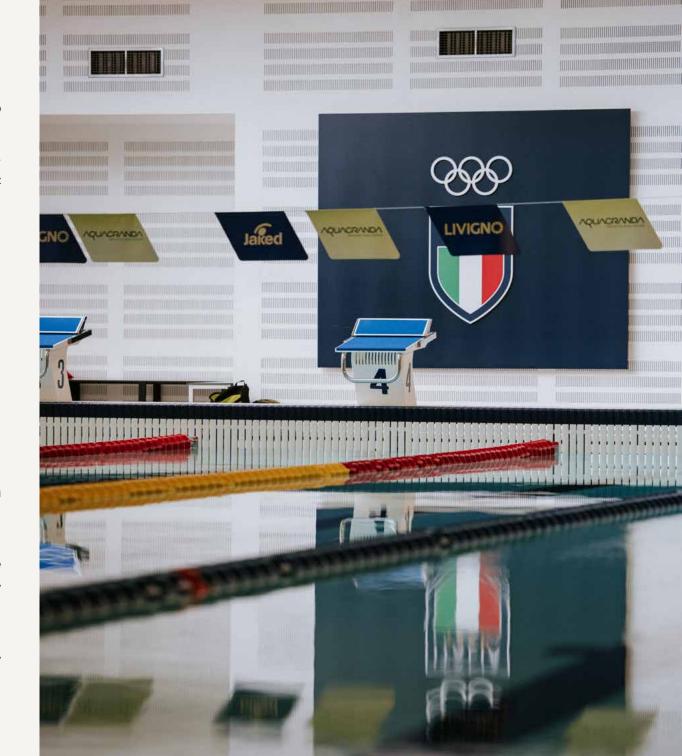
# OLYMPIC-SIZE POOL: SWIMMING AMONG THE PEAKS

To complete your workout, AQ1816 offers:

- · A 25 metre pool, perfect for everyday swimming.
- A 50-metre Olympic-size swimming pool, the centre's flagship, is where Federica Pellegrini and the Italian national swimming team train.

Champions such as Nicolò Martinenghi, Thomas Ceccon and Gregorio Paltrinieri chose Livigno and AQ1816 to prepare for the Paris 2024 Olympics, achieving extraordinary results through training at altitude.

Swimming at an altitude of 1816 metres is an experience that improves aerobic capacity and provides truly unique sensations.



# AQ1816 OUTDOOR: TRAINING IN CONTACT WITH NATURE

AQ1816 also extends its sporting heart to the open air, offering outdoor facilities of the highest standard, immersed in Livigno's spectacular Alpine landscape.

#### Some of the main features include:

- A 6-lane athletics track, protected from the natural wind by a vegetation wall, ideal for endurance and speed training at altitude.
- A regulation football pitch made of a mix of natural and artificial grass, perfect for summer training camps and athletic preparations.
- +Equipped areas for athletics, dedicated to disciplines such as steeplechase, javelin throw, shot put and 3000 m steeplechase.
- Beach volleyball and beach tennis courts, for training or fun in Livigno's natural setting.

At the local tennis courts managed by AQ1816, you can also book individual or group lessons with FIT-certified instructors, or reserve the court to play independently.





Within Aquagranda, the Alpine Wellness area represents the very essence of Alpine relaxation: a place where Livigno's nature and wellness come together in a unique experience, at an altitude of 1816 metres.

Characterised by its warm and natural design, Alpine Wellness combines stones, wood and fire to create an authentic Alpine atmosphere, capable of regenerating body and mind.



#### THE PANORAMIC OUTDOOR GARDEN

The wellness offer has been enriched thanks to an extraordinary element: the outdoor garden, completely immersed in the Livigno landscape.

In this exclusive space you will find:

- Six panoramic pools, five of them with hot water at 35°C and one with 15°C cold water.
- Regenerating outdoor showers.
- Panoramic solarium for relaxing in the sun while breathing in the pure mountain air.

The Alpine Event Sauna dominates the scene in the centre of the garden. This is one of the largest saunas in Europe, with over 100 seats.

This amphitheatre-shaped sauna is the setting for the Aufguss shows, sensual wellness rituals performed by our sauna masters, which transform the moment of relaxation into an engaging, multi-sensory event.

#### A COMPLETE REGENERATING JOURNEY

At Alpine Wellness, each guest can create their own personal regeneration path using the:

- Indoor swimming pool with hydromassage beds and benches.
- Saltwater pool for a feeling of lightness and detoxification.
- Turkish bath and bio sauna for muscle relaxation.
- 90° Finnish sauna dedicated to Aufguss rituals.
- · Cooling area with cold well and ice wall.
- Kneipp path to stimulate circulation.
- Three relaxation areas with views of Livigno's mountains.

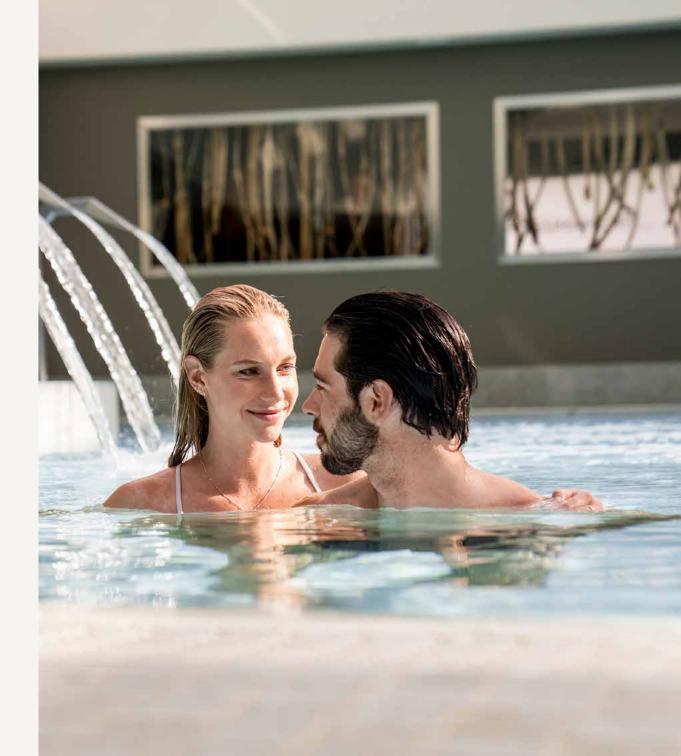
Three times a day, the tradition of Aufguss rituals enriches the wellness experience with fragrances, music and harmonious movements, creating moments of deep wellbeing appreciated by athletes and lovers of relaxation alike.

#### Winter 2025/26: new experiences for body and mind

From panoramic saunas to Kneipp paths, from Alpine herb scrubs to nourishing massages, each experience is designed to help restore energy and balance after the summer season.

One of the star winter treatments is the Red Clay Body Ritual, ideal for revitalising skin after exposure to the sun and stimulating circulation thanks to natural minerals and iron oxide.

In addition, the Aufguss experiences are enriched with themed ceremonies and moments led by the best Italian and international Aufgussmeisters, who transform the sauna into a spectacle of heat, aromas and sounds every weekend.





# BESPOKE TREATMENTS: YOUR WELL-BEING IN THE BEST HANDS

Inside the wellness cabins, you can choose from a wide range of treatments designed to meet every need:

- Relaxing, sports or customised massages, ideal for relieving muscle tension or improving athletic training.
- Facial and body treatments aimed at skin rebalancing, drainage, deep relaxation and cell rejuvenation.
- Body scrubs and rituals with natural ingredients for deep exfoliation and glowing skin.

Each treatment is designed to provide deep, authentic wellbeing, accompanying the regenerative journey experienced at Alpine Wellness.

A new, completely revamped treatment brochure will also be available from winter 25/26, which will include many new features, not just massages, but also scrubs and customised rituals.

# SPECIAL EVENTS: WELLNESS THAT PUTS ON A SHOW

Alpine Wellness is transformed every Wednesday: the centre stays open until midnight for special themed events, where wellness meets entertainment.

You can participate in Aperiwelness at the Wellness Bar, enjoying light drinks and snacks while enjoying live music performances in a unique atmosphere.

#### **COMING SOON: THE NEW DOME**

The novelties do not end here: in the coming months, Aquagranda will further expand its offer with the introduction of the new Dome, a multifunctional space dedicated to wellness-related events and beyond. A versatile venue, designed to enrich guests' experience throughout the year.

With its holistic vision of wellness, Aquagranda continues to be a place where self-care meets the energy of the Alps, offering guests a haven of tranquillity and rebirth to face the whole year with balance and vitality.





Inside Aquagranda, the Slide&Fun area is the beating heart of aquatic fun: a large indoor park designed to make children, teenagers and adults smile.

Ideal experiences for every age group:

- The youngest children (0-3 years) can play in complete safety in the Baby Pool, a pool with water only 20 cm high, enriched with colourful games and splashing water.
- The most beloved facility for those aged 3 to 14 is the Magic Castle: a large aquatic structure full of slides, fountains, waterfalls and a huge bucket that tips over, creating a fun water explosion.
- For the more daring (children over 1.20 m tall and adults), the adrenaline rush is guaranteed thanks to three thrilling slides: Bazooka, Active Blue, Crazy River (on dinghies!)

# NEW FOR SUMMER 2025: THE FUN MOVES OUTSIDE!

The great novelty at Slide&Fun is the new outdoor area: an outdoor swimming pool with heated water, surrounded by Livigno's mountains, and a second castle with slides, to experience outdoor play while breathing the pure air of high altitude. An oasis of pure fun in one of the most beautiful settings in the Alps.

#### **RELAXATION AND WELLNESS FOR ALL THE FAMILY**

For those who wish to alternate play and relaxation, Slide&Fun offers two spaces dedicated to family wellness:

- Family Sauna: a family-friendly sauna to pass on the benefits of warmth to the little ones.
- Family Hammam: a light and pleasant Turkish bath, ideal for relaxing together.

#### **EXCLUSIVE SERVICES FOR FAMILIES**

To make the experience even more enjoyable and carefree, Aquagranda provides:

- Babysitting service (4-14 years): daily, except Saturdays, from 16:00 to 18:00. For a small additional charge of €5 on the ticket, children can have fun under the supervision of qualified staff, while their parents enjoy a moment of relaxation in the Alpine Wellness area. No reservation necessary.
- Free entertainment: every day from 14:00 to 20:00 (except Saturdays), specialised entertainers organise games and engaging activities for children and adults.



# DIVR®: THE VIRTUAL REALITY SNORKELLING EXPERIENCE

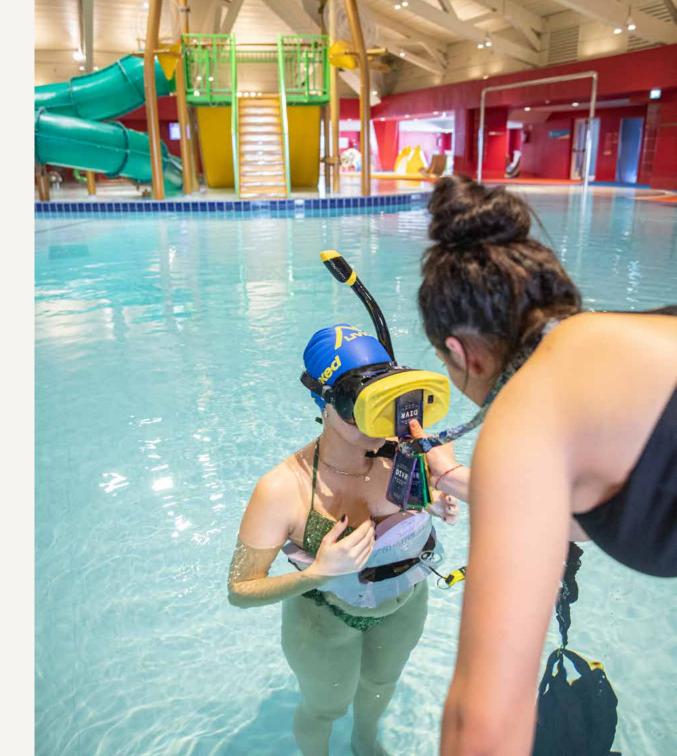
A truly unique experience in Europe awaits you at Slide&Fun: it's called DIVR®, and is a hyper-immersive snorkelling experience using the latest multi-sensory technology.

Wearing a special virtual reality mask, you can "float" in one of four fantastic worlds:

- · Ocean: swim with whales and discover ancient submerged wrecks.
- Atlantis: explore the lost city amidst corals and mysteries.
- Space: fly between interstellar stations on Mars, Moon and Venus.
- Sky: experience the absolute freedom of flight in the Grand Canyon.

DIVR® is available for adults and children over 7 years old: an adventure that combines technology, play and imagination in an extraordinary way.

Slide&Fun is the place where the best memories are made in the water, with laughter, excitement, adventures and a plenty of light-hearted fun.





After a busy day of sport, relaxation, and fun, the pleasure of healthy, tasty cuisine is the natural way to complement the Aquagranda experience.

Aqua Alpine Bistrot is the perfect place to take care of your dietary well-being too, with proposals designed for those who want to eat well without sacrificing flavour.

#### **HEALTHY, WHOLESOME CUISINE**

Directly connecting to the Slide&Fun area through large windows, the Bistrot offers a wide selection of healthy and tasty dishes:

- Fresh, nutrient-rich salads.
- First courses made with artisanal pasta by Felicetti, official sponsor of Livigno.
- Main courses based on local, wholesome, zero km ingredients.

The Bistro kitchen is open daily and offers balanced menus designed to meet the needs of sportsmen and women, families, and anyone who wants to take care of themselves and their diet.



# NEW: WEDNESDAY EVENINGS LIGHT UP WITH FLAVOUR

Every Wednesday evening, Aqua Alpine Bistrot transforms to host the Fish Dinner, one of the most anticipated events of the week.

Our chef offers a different menu every week, based on the freshness and quality of the catch. A high-level dining experience combining authentic flavours, elegantly presented in an intimate, atmospheric setting.

#### A TERRACE WITH A VIEW OF THE ALPS

In addition to the cosy, bright indoor room, Aqua Alpine Bistrot also has a panoramic terrace, where you can enjoy lunch, an aperitif or dinner surrounded by Livigno's spectacular landscape.

A chance to take a relaxing break in the fresh air, perhaps after a day of sport and wellness.

Aqua Alpine Bistrot: where taste meets wellness, for a complete experience that continues at the table.

# LIVIGINO'S PARTNERS

An eye always turned to innovation, a profound vocation for sport, a strong focus on hospitality, but above all love and respect for the territory: these are just some of the key points of Livigno, a destination that is appreciated by tourists from home and around the world precisely because of its values, so important and deeply rooted in its history.

The resort is a perfect showcase for all companies that fully support and share the values of the resort, which is why Livigno's partnerships are so meaningful. Thanks to shared vision, each year cutting-edge projects and tailor-made communication plans are created that are able to enhance both parties, as well as raise and boost their profile in Italian and foreign markets.

#### Platinum Sponsor







































**Technical Partners** 







Throughout the year, Livigno hosts a full, high profile **programme of events** - sports, lifestyle, food and wine, cultural... of national and local importance. There are so many surprising opportunities and ways to get involved with Livigno's different souls, able to meet everyone's desires, passions and needs. All this confirms Livigno as the "place to be" in every season.

In particular, the **winter season** sees a **schedule of events** that will animate the resort **from November through to May**, involving citizens and tourists from different countries around the world.

This year, the calendar opens with a special moment: on 29 October Livigno celebrates **-100 days to the Olympic Games**, marking the official start of the Olympic winter and confirming the resort's role as a protagonist in the path towards Milan Cortina 2026.

### **28 NOVEMBER - 6 JANUARY | CHRISTMAS IN THE VILLAGE**

Like in a fairy tale, the centre of Livigno is dressed in lights and colours throughout the Advent period and the start of the New Year: from 28 November to 06 January, the snow-covered streets of the centre will host a widespread Christmas market, with little wooden chalets that blend in harmoniously with the local boutiques. The centre will be enveloped in typical aromas and flavours - roasted chestnuts, local sweets, hot chocolate and mulled wine - and piped music, accompanying adults and children as they discover the wares of Livigno's craftsmen.

#### **29 NOVEMBER | OPENING OF FACILITIES**

With 115 km of slopes up to 3,000 metres and guaranteed snow throughout the season, Livigno opens the winter season, offering sport, fun and breathtaking views until the beginning of May, with fresh, natural snow guaranteed thanks to the resort's altitude.

#### 14-15 DECEMBER | LA SGAMBEDA AND MINISGAMBEDA

A 34-year-old tradition that sees cross-country skiing as the protagonist of a two-day event.

The Sgambeda is one of the most eagerly awaited sporting events that sees hundreds of cross-country skiers - both amateurs and professionals - compete against each other at the Stadio del Fondo on a 30km course with 2,700m of altitude difference. With the start and finish near the pedestrianised town centre, there is a high level of emotional involvement from fans and supporters. This historic event is preceded by the children's competition, the MiniSgambeda, a gymkhana with a new course characterised by curves, banks and small waves, to be held on 14 December.





#### **26-27 DECEMBER | ALPINE SKI WORLD CUP**

With just over a month to go until the start of the Olympic Games, Livigno will host an Alpine Ski World Cup stage for the first time in its history: the men's Super G on 27 December 2025.

A unique, spectacular event, which will bring the best athletes in the world to the heart of the Alps, all ready to challenge each other a new track, a fundamental test bench before the Milan Cortina 2026 Olympics and, at the same time, a treat for the public, who will be able to experience up close all the intensity of a sporting event destined to be written in the history books.

#### **30 JANUARY | THE OLYMPIC TORCH PARADE**

The Olympic Torch passes through Livigno in a symbolic moment of celebration and sharing, bringing with it the values of peace, friendship and sporting spirit. On 30 January, the torch will reach Livigno in the evening, one of the locations hosting the Stage Celebration. After passing the hamlet of Trepalle, the torch will parade through the village of Livigno, where it will stop for the night before continuing its journey the following day.



# **6 FEBRUARY** | OPENING CEREMONY MILAN CORTINA 2026 WINTER OLYMPICS

On 6 February 2026, Livigno will turn the spotlight on the Milan Cortina 2026 Winter Olympics with an opening ceremony that promises to be both spectacular and incredibly exciting.

Athletes from Livigno and Bormio will join the parade during the event, celebrating the deep connection between the area and the Olympic spirit. The ceremony will be attended by 77 delegations, the highest number recorded among all the opening ceremonies of the Games, making this moment a symbol of international unity and sharing. A unique occasion for Livigno, which is preparing to welcome the world and officially open a historic edition of the Winter Olympics.

# 6-22 FEBRUARY | MILAN CORTINA 2026 WINTER OLYMPICS

Frequented throughout the year by Olympic athletes from every corner of the planet, who choose it as the ideal destination to perfect their training for the great winter season appointments, in 2026 Livigno will also be the protagonist of the Olympic Games, as the venue for the Freestyle and Snowboard competitions, disciplines deeply linked to the resort's DNA. As many as 26 Olympic titles will be awarded in Livigno: at the Mottolino ski area, the Livigno Snowpark will host the Half Pipe, Slopestyle, Big Air, Snowboard Cross, Ski Cross and Parallel Giant Slalom competitions; while at Carosello 3000, which is just opposite the other venue, the Livigno Aerials & Moguls Park will come to life, the place where the world's best athletes will compete in the Moguls and Aerials disciplines.



#### 9-12 APRIL | PLIEMAS

The unmissable event for all telemark enthusiasts: four days of pure adrenalin, with breathtaking descents, bonding and lots of fun, accompanied by an enthralling atmosphere and the best music.

#### **27-28 APRIL | SNOW FOOD MATTIAS**

On 27 and 28 April 2026, Livigno celebrates great mountain cuisine with Snow Food Mattias. Two days of education and taste, where chefs and food enthusiasts meet at Plaza Placheda and among the Tee chalets in Val Federia for a food and wine journey full of authentic flavours and great author interpretations.

La Sc'còla da cosgina is a training opportunity offered by the Mattias Association to hotelier institutes and all those who are passionate about the culinary world, with local excellences and chefs at Plaza Placheda.

Snow Food Mattias, on the other hand, offers a unique food and wine experience in the picturesque Val Federia. A route through the ancient tees of Livigno with stops at six mountain huts, where top chefs will offer signature dishes accompanied by the best wines from Valtellina.

